What is contact tracing?

A message from the St. Mary's County Health Department

Contact tracing is a tool used by public health workers to stop the spread of diseases. It’s been around for a long time, and can help save a lot of people from dying of COVID-19.

Here’s how it works...

When someone tests positive for COVID-19, their doctor notifies the Health Department

We call the person who tested positive for COVID-19 to see who else might have been exposed

Once we know who else might have been exposed, we contact those people

Everyone is asked to self-isolate for at least two weeks to stop the spread of COVID-19

If you get a call from the St. Mary's County Health Department about COVID-19, please take it seriously.

What we ask for:

✔ Where you’ve been for the last few days
✔ The names and contact information of people you’ve had close contact with so we can call them. We will NOT tell them who potentially exposed them without permission

What we DON’T ask for:

X Social Security number
X Credit card
X Immigration status

For COVID-19 Information:
Call 301-475-4911 or visit www.smchd.org/coronavirus