



## St. Mary's County Health Department

### NEWS RELEASE

[www.smchd.org](http://www.smchd.org)

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**FOR IMMEDIATE RELEASE**

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### FLU VACCINE CLINIC AT THE HEALTH DEPARTMENT

(LEONARDTOWN, MD) November 16, 2006 -- The St. Mary's County Health Department is holding a flu vaccination clinic Tues., Nov. 21, from 9 a.m. to 6 p.m. The clinic will be held at the Health Department's Leonardtown building at 21580 Peabody St. The walk-in clinic is open to the public, ages 4 and up.

According to Dr. William B. Icenhower, St. Mary's County's health officer, vaccination against flu is the best way to prevent influenza, reduce complications from flu, and reduce days lost from school and work. The flu season is still in its early weeks with plenty of time for the vaccine to take effect and prevent unnecessary illness.

The nasal spray flu vaccine, Flu Mist®, will be offered at the upcoming clinic for children and adults 5 – 49 years. Injectable flu vaccine will also be available for people who are not eligible to receive the nasal spray flu vaccine.

(more)

*Flu vaccine clinic, p. 2*

The health department is asking visitors to the clinic to wear loose fitting clothing, or long sleeves over short for ease and privacy when receiving the vaccine. The recommended donation for the flu vaccine is \$10, however no one will be denied a vaccine due to inability to pay. Medicare part B is accepted. Health department staff will bill Medicare for those participants who are eligible. Pneumonia vaccines will also be available.

For more information, please call the St. Mary's County Health Department, 301-475-4330.

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